

## Human Resources & Managerial Series

# MBTI WORKSHOPS

### UNDERSTANDING YOURSELF THROUGH MYERS-BRIGGS TYPE INDICATOR

#### MBTI Workshop I: Understanding Your Personality Type

- Introduction to the Myers-Briggs Type Indicator (MBTI) and its background
- Completion of the MBTI assessment
- Gain insight into individual personality types



10 Feb 2026



11:00-12:30



SMC 701,  
Shek Mun Campus

#### MBTI Workshop II: Elevating Your Communication and Leadership with MBTI

- Explore how to apply MBTI results in management and business settings
- Understand how to leverage personality preferences for effective teamwork, communication and workplace success



24 Feb 2026



11:00-12:30



SMC 701,  
Shek Mun Campus

\* Students are required to attend both sessions to complete the MBTI assessment.



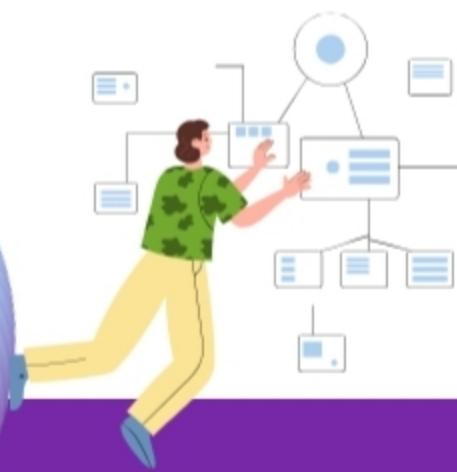
#### REGISTRATION



ENROLL NOW

<https://bit.ly/4a1D6RV>

Our UG Programme, Bachelor of Commerce (Hons.) in Human Resources Management, will also be introduced at the end of the seminar !



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